



COVID19 PROCEDURES 12/14/20

Shining Stars Therapy Families,

In an effort to continue protecting your family, our staff, therapists and the community we are reviewing the changes you have seen at our office during the Global Health Crisis.

Shining Stars Therapy is following the NC DHHS, CDC guidelines, and OSHA regulations. Due to recent Executive orders by the State of NC. Our company has gone to great extent to ensure your child is attending safe and healthy sessions. Additionally, we have amended our procedures for in person visits with the following:

- Contingency plan in our office to enforce how the building is used and the amount of people in the building based on % (+) in the community
- Installed air filtration system in the HVAC to improve air flow
- Daily screenings and temperature checks of staff and therapists every day
- Screenings for all clients attending face to face sessions
- Raised the intensity of the cleaning, sanitizing and disinfectant protocols for rooms, equipment, toys etc.
- therapy sessions are all 1:1 meaning only therapist and child no peer sessions happening in the same room
- Installed hand sanitizing stations
- Hand washing protocols before and after sessions
- Screening protocols prior to beginning sessions
- Enforced a required face mask protocol for face to face sessions

How to keep everyone at SST families and staff SAFE AND HEALTHY!

Before attending your sessions reference our screening protocol:

Reschedule and/or switch session to telehealth if anyone in the home has tested and is pending test results or has a positive test within the last 10 days or:

- Flu like symptoms, fever, cough
- Nausea, Vomiting, diarrhea
- Shortness of breath, difficulty breathing
- Loss of taste/smell
- Switch session to telehealth if you or your family have been exposed to any persons diagnosed with COVID (minimum of 10 days from date of exposure before able to resume face to face sessions.)
- Switch session to telehealth for 10 days from last date of event if your family has participated in family/travel events where social and physical distancing cannot be controlled 100% of the time. (Example amusement parks.)
- Reschedule sessions to telehealth for 10 days from last travel date if your family has traveled via plane or public transportation this applies to ALL areas of travel.
- Switch session to telehealth for 10 days from date of mass gathering if your family has participated in mass gatherings of 10 people or more not living in your home (Ex order No. 176)

Please understand that it is our civic duty to protect and educate the community regarding the status of health and safety concerns in order to reduce the spread of COVID19. Having scheduled an in-person appointment at Shining Stars Therapy indicates your commitment to your family and child as well as our team.

There may be times where your child's healthcare provider may need to reschedule session(s) location to telehealth. This is highly encouraged for participation due to the nature of the our service delivery and treatment planning for your child. Your cooperation and assistance in this is appreciated.

Lastly, we have made arrangement for families who are unable or choose not to take advantage of the telehealth accessibility to their child's provider with use of a flex schedule. If this is an observed need our practice will reach out to you with more information on how scheduling for therapy sessions will work during the National health emergency.

Wishing Your family Health and Safety.

Dawn M. Solomon OTR/L, Owner, Founder and Executive Director



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